



SYLLABUS:2018-2019

**WESTERN DANCE
CLASS - FOUNDATION**

April,May,June

1. Dance exercises
2. Basic body movements
3. Create peppy dance movements
4. Based on peppy dance form – Chicken dance

July,August,September

1. Dance exercises
2. Basic body movements
3. Create flower& Peacock dance movements
4. Based on flower& Peacock dance movements – Instrumental

October,November,December

1. Dance exercises
2. Basic body movements
3. Create fan& Umbrella dance movements
4. Based on fan& Umbrella dance movements – instrumental

January,February,March

1. Revision of peppy dance form – chicken dance
2. Revision of flower& Peacock dance form – Instrumental
3. Revision of fan& Umbrella dance form – Instrumental