



SYLLABUS: 2018-2019

WESTERN DANCE

CLASS - III

April,May,June

- 1. Dance exercises**
- 2. Definition of Contemporary dance**
- 3. Basic steps of Contemporary dance**
- 4. Create advance steps of Contemporary**
- 5. Based on Contemporary dance form – Instrumental**

July, August, September

- 1. Dance exercises**
- 2. Definition of Afro jazz dance**
- 3. Basic steps of Afro jazz movements**
- 4. Create advance steps of Afro jazz**
- 5. Based on Afro jazz dance form – Instrumental**

October, November, December

- 1. Revision of Contemporary dance form – Instrumental**
- 2. Revision of Afro jazz dance form – Instrumental**

January, February, March

- 1. Dance exercises**
- 2. Definition of Freestyle dance**
- 3. Basic steps of Freestyle dance**
- 4. Create advance steps of Freestyle**
- 5. Based on Freestyle dance form – Instrumental**