

PSYCHOLOGY (CLASS XII)
Syllabus for the year 2018-19

FIRST TERM

- APRIL** : **Intelligence & Ability**
(1) Definition, Concept, How it is measured – concept of IQ, Intelligence Test – Individual Tests, Group Tests, Culture Fair Test, Labels of intelligence & Associated Characteristics.
(2) Aptitude, Achievement & Interest – Meaning, Reasons for their assessment – GATB, SCII.
- MAY** : **Personality**
(1) Definition of personality – Allport, Cattell, Eysenck
(2) Theories of personality – Type theories, Psychoanalytic theory, Freud’s theory of Personality, Post Freudians, Humanistic theories, Trait Theories.
(3) How personality is assessed, Reports, Inventories (MMPI), Projective techniques – Rorschach and TAT.
Project on Statistics
- JUNE & JULY** : **Life Span Development**
(1) Meaning of development, Growth & Maturation.
(2) Infancy - Motor, Cognitive development, Socio-Emotional development.
(3) Childhood - Motor, Cognitive development, Socio-Emotional development.
(4) Physical changes, Cognitive development, Socio-Emotional development and Some major concerns.
- JULY** : **Stress & Stress Management**
(1) Meaning of stress-Common causes of stress, Effect of stress on health and Performance. Stress Management – Effective and ineffective strategies.
- AUGUST** : **Psychological Disorders and Psychotherapy**
(1) Meaning of abnormal behavior-Biological, Psychological and Socio-Cultural Perspectives. Classification-DSM 4.
(2) Characteristics of some psychological disorders : Anxiety-generalised, phobic, OCD. Mood – bipolar, depression. Personality – antisocial, histrionic, avoidant dependent-Passive-aggressive.
(3) Schizophrenia
(4) Psychotherapy – psychoanalysis, client centred and behavioral rehabilitation
- SEPTEMBER** : **Social Thought & Social Behaviour**
(1) Social Perception
(2) Social Influence
(3) Obedience and conformity

FIRST TERM EXAMINATION

SECOND TERM

- OCTOBER** : **Attitudes**
(1) Meaning of attitude, Relationship between attitude, perception, belief and Behavior.
(2) Prejudice
Project on Attitudes
- NOVEMBER** : **Applications of Psychology**
(1) Clinical & Counselling
(2) Educational Psychology
(3) Organisational Psychology
(4) Crime
- DECEMBER** : **Revision**