



SYLLABUS: 2018-2019

EASTERN DANCE

CLASS - I

- April, May and June

1. Definition of contemporary dance.
2. Basic steps of contemporary dance.
3. Advance steps of creative dance.
4. Dance exercises.
5. Folk dance basic steps.
6. Based on contemporary dance form- Dreams Forever

- July, August and September

1. Revision of contemporary dance (Dreams forever)
2. Advance steps of creative dance.
3. Based on patriotic theme- Vandemataram

- October, November, December

1. Advance steps of folk dance
2. Based on Christmas theme- feliz navidad.

- January, February, March

1. Revision of folk dance.
2. Revision of creative dance.
3. Contemporary dance – Temptation